

## Offering in the Best Interest of the Child

### School Mission

To educate the whole person in the Montfortian spirit of charity and love where effective academic programmes and co-curricular activities are integrated with the development of character.

### School Vision

Men and Women of Character and Learning, in the service of God and Community.

### School Motto

Labor Omnia Vincit (Through Work Achieve Success)

## Developing Character through Co-Curricular Activities

CCAs are an integral part of school life at Assumption English School that serves to nurture students' character and develop leadership skills and talents.

There are 15 CCAs available to cater to the diverse interests of students:



### CCAs

#### Physical Sports

- Basketball
- Floorball (Boys only)
- Football (Boys only)
- Judo
- Softball (Girls only)

#### Uniformed Groups

- Girl Guides
- National Cadet Corps (Sea)
- National Police Cadet Corps
- Red Cross Youth

#### Performing Arts

- Choir
- Concert Band
- Dance Ensemble

#### Clubs and Societies

- English Language Debate and Drama Society (ELDDS)
- Green Club
- Young Montfortian Associates (YMA)

## AES-DSA Sports Programmes



Assumption  
English School



## Building A Spiritual Vision

Founded in 1953, Assumption English School is part of a larger network of the Gabrielite schools in 34 countries and 5 continents. It is also the only co-educational Catholic secondary school in the West – committed to developing Men and Women of Character and Learning, in the service of God and Community.

The school underwent MOE's Programme for Rebuilding and Improving Existing schools (PRIME) from 2013 to 2015. The rebuilt campus today incorporates more extensive facilities and educational resources to engage AssumptionKnights in their learning and character development.

## The school's distinctive programmes include:

### Applied Learning Programme:

SPEak English with grACE and Knowledge (SPEAK).

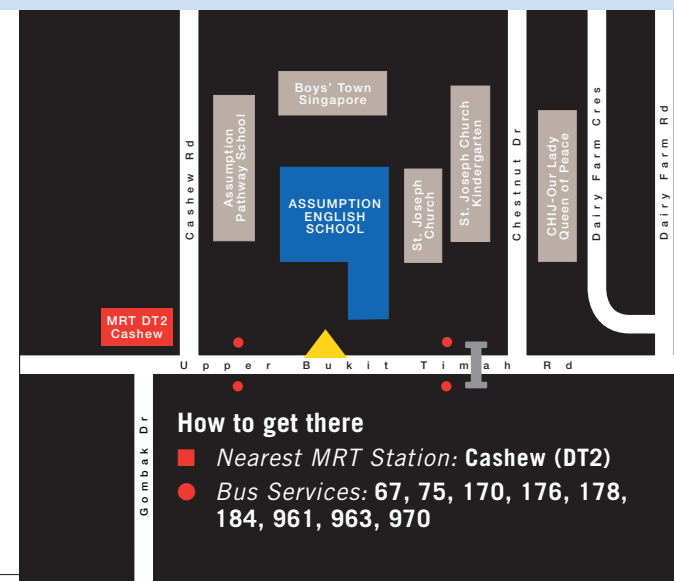
### Learning for Life Programme:

DINAN Leadership Programme – Learn to Serve, Serve to Lead, Lead to Inspire

### AES Direct School Admission:

Basketball, Football and Judo Programmes

*This brochure contains photographs taken prior to COVID-19 and in more recent times. Photographs that were taken during the current COVID-19 pandemic were taken with strict accordance to the safe distancing measures put in place.*



### ASSUMPTION ENGLISH SCHOOL

School Code: 7002

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Singapore 678117

Tel: 6572 9100

For more information,  
please visit our website at:  
[www.assumptionenglish.moe.edu.sg](http://www.assumptionenglish.moe.edu.sg)



Follow us on AES\_Manna





## AES Basketball Programme (open to both Boys & Girls)

The AES Basketball programme aims to develop basketball players who are honed with the necessary skills, from match strategies and teamwork to time management skills, in order to excel. We emphasise on character development – specifically focused on three key values:

**Discipline** – the drive and self-management skills needed for our students to achieve

**Focus** – the ability to train in tandem with the WIN (What's Important Now) mindset

**Diligence** – the concerted and consistent effort put in into trainings, a set of strong values well-aligned to our school motto, *Labor Omnia Vincit* (Through Work Achieve Success)

We subscribe to the ethos of 'Making Every Basket Count' to inspire our players to turn every opportunity into an opportunity to shine. The team also follows the philosophy "When training is tough, competition will be easy." Our teams have done consistently well to finish among the top 8 positions in the West Zone National School Games (NSG) among over 40 other secondary schools, as well as at the National level.

### Our achievements

#### 2022

- National School Games (NSG): 2<sup>nd</sup> position at West Zone 'B' Division Boys

#### 2020 & 2021

- No NSG competitions due to COVID-19

#### 2019

- National Schools Games: 5<sup>th</sup> position at West Zone 'B' Division Boys
- Missed out on Nationals on points differential with 4<sup>th</sup> position west zone school
- T-Net Club: 4<sup>th</sup> position 14-and-under Girls Basketball Tournament
- T-Net Club: 4<sup>th</sup> position 14-and-under Boys Basketball Tournament and at T-Net Club Under 17-and-under Girls Basketball Tournament

#### 2018

- National Schools Games: Top 6 at West Zone 'B' Division Boys



"I believe in the values of Teamwork, Honour and Resilience in developing my basketballers."

– Coach Kendy has 25 years of experience playing basketball and has been coaching in AES for 20 years. His philosophy as a basketball coach is giving back what he has learnt in the game to the next generation.



"Winning doesn't come easily, only with perseverance can players see success."

fulfilment when his students improve and become more passionate about the game.

– Coach Aaron has 25 years of experience in playing basketball and has begun coaching in AES for 1½ year. He gets a sense of



## AES Football Programme – as part of the Football Association of Singapore (FAS) School Football Academy (SFA) Programme

Assumption English School (AES) has been endorsed as a pilot SFA. This school-based academy is part of the Unleash The Roar! (UTR!) national project which aims to unite Singaporeans through football. As an SFA, AES works closely with the FAS and Sport Singapore (SportSG) to provide a conducive training environment to develop our footballers holistically. The SFA aims to provide a training environment with high quality coaching, led by our Spanish Head Coach, Mr Angel, assistant coaches, Mr Joseph Ng and Mr Fazrul Nawaz, complemented by using the sports science and technology approach and with an emphasis on character development. Our collaboration with FAS provides our footballers the opportunity to be exposed to specialised training such as Goalkeeper Strength and Fitness as well as Sports Science training. The Football programme at AES aims to instil in our players the following outcomes.

- Good sportsmanship, Assumptionknights who will honour the rules of the game and take pride in fair play
  - Strong football skills and techniques, teamwork; as well as
  - Keen sense of focus, commitment and respect for the sport.
- The weekly afternoon training sessions for both 'B' and 'C' Divisions are on Mondays, Thursdays and Fridays; an hour and a half each.

### Our achievements:

#### 2021

- No football competitions due to COVID-19 pandemic

#### 2020

- Completed preliminary round and qualified for National School Games (NSG) League 3 – 'B' Division Boys (After preliminary round, NSG was suspended due to COVID-19 pandemic)

#### 2019

- NSG League 5 Football Championships: 3<sup>rd</sup> position 'B' Division Boys; Qualified for 2<sup>nd</sup> round in NSG League – 'C' Division Boys



Pictured from left to right:

"Goals are attained not by strength but by perseverance."

– Assisant Coach Fazrul is a former professional and Singapore National Team Footballer. He holds a Diploma in Sports Science and Coaching and has worked with players from all age groups up to professional level as a coach

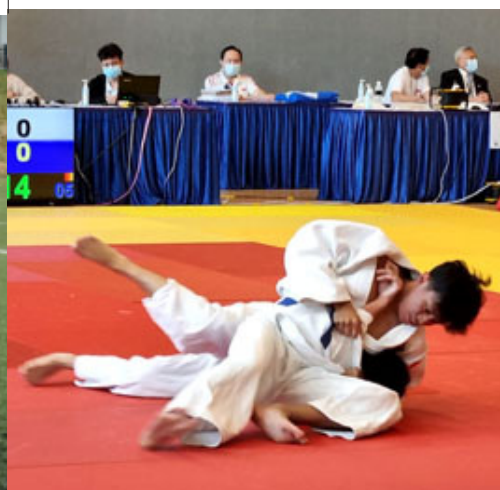
"Let the players make decisions on the field and understand the internal logic of the game."

– Head Coach Angel is currently the Spanish La Liga Technical Coordinator.

He holds a Bachelor's Degree – Physical Activity and Sport Science with emphasis in Football Coaching, a Bachelor's Degree – Physical Education, and a Master's Degree in Education as well as holds a prestigious UEFA PRO Coaching License.

"Do not underestimate the value of small daily improvements."

– Assisant Coach Joseph has worked with players in grassroots programmes, players in the youth wing at Tampines Rovers Football Club and the Singapore National Team and had the honour to have worked under former Singapore Head Coach, Mr Tatsuma Yoshida.



## AES Judo Programme (open to both Boys and Girls)

"Still your Mind, Crush a Mountain".

The AES Judo programme aims to instil in our Judokas the values of self-discipline and respect for others, as well as to develop mental and physical resilience, faster reflexes, better body coordination and concentration. AES Judokas train 2-3 times weekly, with grading certification conducted by the SJF completed four times each year. Each CCA training is focused on physical conditioning, learning new Judo moves and practising safe break fall techniques, so that we may become more proficient in the sport in a safe manner. The team is mentored by Singapore Judo Federation (SJF) recognised coaches, Mohamad Faizal and Muhammad Azfar Bin Ali. They are supported by a team of 4 teachers-in-charge.

### Our achievements

#### 2022

- National School Games (NSG): 'B' Division Boys – Team 2<sup>nd</sup>; 2 Gold, 1 Silver, 3 in Top 8 position.
- 'B' Division Girls – Team 3<sup>rd</sup>; 1 Silver, 1 Bronze
- Kyu Grade Judo Championships 2022: 1 Gold, 2 Silver, 8 Bronze

#### 2020

- The Dojo Champs: 1 Gold, 3 Silver, 2 Bronze
- SA Judo Academy Kyu Grade Judo Championship: 1 Silver, 1 Bronze, 1 in 5<sup>th</sup> position
- No National School Games competitions due to COVID-19 pandemic

#### 2019

- National School Games: 'B' Division Boys – 2 in Top 8 positions
- National School Games: 'B' Division Girls – 2 in Top 4 positions



"Surround yourself with those who push you, motivate you and make you better."

– Coach Faizal is Holder of Second Dan (nidan 二段) and Director in Coaching and Education in the Singapore Judo Federation (SJF).



"Training Judo is not only about self-improvement, but also about helping others to improve together with you."

– Coach Azfar is Holder of Third Dan (sandan 三段) and High Performance Manager in SJF.



VIDEO-AES\_DSA\_Sport\_ -\_Did\_You\_Know\_JaplInfluence QR>

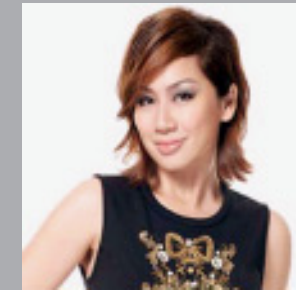


Crystal's sharing



Follow the team @aes\_Judo for a glimpse of what goes on during training

## Notable AES Alumni



**Ms Vernetta Lopez**  
Radio and TV personality



**Mr Marcus Tan**  
Carousell Co-Founder and Entrepreneur



**Mr Lee Wung Yew**  
Three-time Olympian shooter, Singapore Sportsman of the Year (1990 & 1998)

## 2020 GCE O and N Levels Examination Results

### Sec 4 Express

Eligible for JC: 79.0%

Eligible for JC/Poly: 98.4%

### Sec 4 Normal (Academic)

Eligible for DPP/PFP: 58.3%

Eligible for Sec 5: 61.6%

### Sec 5 Normal (Academic)

Eligible for JC/Poly: 54.2%

### Sec 4 Normal (Technical)

Eligible for ITE: 100%

## Key stages of DSA application 2022

### Important Dates

5 May, Thu

1 Jun, Wed

21 May, Sat

(9 – 11am)

12 Jul, Tue

15 Jul, Fri

By 12 Sep, Mon

31 Oct – 4 Nov

### DSA Process

Start of DSA application

Closing date of DSA application

All application forms to be submitted online via the DSA-Sec portal

DSA Open House cum dialogue with Principal

– P6 parents and students (All are welcomed)

DSA Selection Trial 1 cum Interview 1 (1<sup>st</sup> batch)

DSA Selection Trial 2 cum Interview 2 (2<sup>nd</sup> batch)

Notification of DSA-Sec admission results by schools

– All applicants will receive a letter on the selection outcome

i.e. Confirmed Offer, Waiting list or Unsuccessful from the school concerned

Exercise School Preference Stage

– DSA-Sec candidates who receive at least one DSA-Sec offer may indicate up to three school preferences

– They can do so online via the DSA-Sec Internet System (DSA-Sec IS) or at their primary schools.